

**SUH Program - Youth and Caregiver Consultation:**  
*Program Information & Consultation Questions*

**Consultation Question**

**1) Increase alcohol and substance use health (SUH) information sharing with youth and their families and caregivers in the hospital and community.**

Guiding Questions, if needed:

- Where do people currently get information about substances and health?
- Where should this information be available but currently is not?
- What makes for good information sharing?
- Preferred method of getting information
- Was there ever a time where you wished you would have been offered information, but you were not?
- What are other health scenarios where information sharing has felt like a positive experience, lessoned learned?

**2) Improve alcohol and SUH screening, brief intervention, and referrals (SBIR) in the hospital and community setting for youth.**

Guiding Questions, if needed:

- What should our healthcare professionals know if they are screening, treating, and referring youth who are struggling with substance use?
- Was there ever a time that you wished your child was referred to community services, but they were not?
- What positive or negatives experiences has your child or a young person you know experienced with being screened for substance use?

**3) Increase alcohol and SUH treatment and services in the hospital and community for youth and their families and caregivers.**

Guiding Questions, if needed:

- What positive or negatives experiences has your child or a young person you know experienced with being referred to a community organization for health services?

## Background

[Kids Come First](#) got funding from [Health Canada’s Substance Use and Addiction Program](#) to carry out a project called “Hospital-Community Collaboration to Improve Alcohol and Substance Use Screening, Brief Intervention, and Referrals for Youth.” The project aims to reach Anglophone and Francophone youth and their families and caregivers living in Eastern Ontario.

## Project Goals

1. Increase alcohol and substance use health (SUH) information sharing with youth and their families and caregivers in the hospital and community.
2. Improve alcohol and SUH screening, brief intervention, and referrals (SBIR) in the hospital and community setting for youth.
3. Increase alcohol and SUH treatment and services in the hospital and community for youth and their families and caregivers.

## Organizations Involved

Name	Description & Website
<b>Children’s Hospital of Eastern Ontario – Ottawa Children’s Treatment Centre (CHEO)</b>	<ul style="list-style-type: none"> <li>• A pediatric hospital for children and youth (0-18 years) living in Eastern Ontario, Western Quebec, Nunavut, and Northern Ontario.</li> <li>• Website: <a href="#">Children’s Treatment Centre - CHEO</a></li> </ul>
<b>Kids Come First / 1Call1Click.ca</b>	<ul style="list-style-type: none"> <li>• <b>Kids Come First:</b> A network of hospital and community organizations and people with lived/living expertise working together to improve healthcare for children and youth (0-21 years).</li> <li>• <b>1Call1Click.ca:</b> A service under Kids Come First that helps children, youth, and their families and caregivers connect with the right mental health, addictions, substance use health, and neurodevelopmental health services when and where they need it.</li> <li>• Website: <a href="#">Kids Come First</a></li> </ul>
<b>Rideauwood Addictions and Family Services (Rideauwood)</b>	<ul style="list-style-type: none"> <li>• A community organization that provides programs and services in English to youth, adults, families, and caregivers impacted by problematic substance use, gambling, gaming, and other technology use.</li> <li>• Website: <a href="#">Home - Rideauwood Addiction and Family Services, Ottawa Ontario</a></li> </ul>
<b>Centre Le Cap (Le Cap)</b>	<ul style="list-style-type: none"> <li>• A community organization that provides programs and services in French to children, youth, adults, families, and caregivers impacted by mental health challenges, addictions, and concurrent disorders (both mental health and addiction challenges).</li> <li>• Website: <a href="#">Accueil - Le CAP</a></li> </ul>
<b>Dave Smith Youth Treatment Centre (DSYTC)</b>	<ul style="list-style-type: none"> <li>• A community organization that provides live-in treatment and continuing care programs to youth (13-21 years) who experience problems with drug and/or alcohol addictions, as well as family services for caregivers of youth who are currently receiving treatment.</li> <li>• Website: <a href="#">Dave Smith Youth Treatment Centre – A Safe Place for a Fresh Start</a></li> </ul>
<b>Parents’ Lifeline of Eastern Ontario (Pleo)</b>	<ul style="list-style-type: none"> <li>• A community organization that provides a variety of peer support services to parents and caregivers of children and youth facing mental health challenges.</li> <li>• Website: <a href="#">Home - PLEO</a></li> </ul>