

Kids Come First Substance Use Health Program: Logic Model

A hospital-community partnership to increase screening, brief intervention, and referral (SBIR) to treatment for children and youth with alcohol and other substance use health (SUH) concerns in Eastern Ontario.

Inputs ➤	Activities ➤	Outputs ➤	Short Term Outcomes (Jul 2025 – Mar 2026) ➤	Medium Term Outcomes (Jul 2025 – Mar 2026) ➤	Outcomes Long-term (Jul 2025 – ongoing) ➤
<p>Resources</p> <ul style="list-style-type: none"> Health Canada SUAP funding In-kind contributions <p>Clinical Staff</p> <ul style="list-style-type: none"> CHEO - Psychiatry 1Call1Click.ca (1C1C) - Substance Use & Concurrent Disorders Care Coordinator Le Cap - Mental Health and Addiction Counsellor & Supervision Rideauwood - Addiction Counsellors & Supervision PLEO- SMART Recovery for caregivers in English & French <p>Research & Evaluation</p> <ul style="list-style-type: none"> CHEO RI- Research Coordinator 	<p>Engagement</p> <ul style="list-style-type: none"> Engagement of people with lived and living expertise (PWLLE) to inform program <p>Substance Use (SU) Screening CRAFT+N screening of all youth who access 1C1C & CHEO (ED & in-patient) for mental health concern</p> <p>Brief Intervention (BI)</p> <ul style="list-style-type: none"> Youth with Part A positive- SU information provided at the time of screening Youth with CRAFT Part B ≥2- referral to the KCFSUH Program for BI delivered by addiction counselor/therapist <p>Referral to Treatment</p> <ul style="list-style-type: none"> Individual addiction counseling for youth (e.g., motivational interviewing, harm reduction, relapse prevention) Care coordination Psychiatry consultation Community-based services Individual family addiction counseling for caregivers SMART Recovery for caregivers <p>Program Evaluation</p> <ul style="list-style-type: none"> Epic builds for data collection & reporting Clinicians trained in a Learning Health System using Measurement Based Care 	<p>Screening</p> <ul style="list-style-type: none"> Established protocol CRAFT+N for screening <p>Brief Intervention</p> <ul style="list-style-type: none"> Clinical staff hired & trained Youth & caregivers referred and receive BI <p>Referral to Treatment</p> <ul style="list-style-type: none"> Care Coordinator hired & trained Established bi-directional referral processes & pathways <p>Program Evaluation</p> <ul style="list-style-type: none"> Research staff hired & trained Epic builds for data collection Measurement-based care Learning Health System implemented Data collected & analyze 	<ol style="list-style-type: none"> Engagement of PWLLE in informing and developing the program Increased access to information on SUH for youth, caregivers, and hospital and community service providers Increased capacity for hospital and community service providers to deliver trauma-informed SBIR 	<ol style="list-style-type: none"> Increased screening of youth for SUH concerns Increased access to BI and treatment including harm reduction services for youth and families Reduction in behaviours that may cause harm for youth who use substances Strengthened partnerships to develop and deliver culturally sensitive SUH care 	<ol style="list-style-type: none"> Delivery of trauma-informed and culturally sensitive SUH care for youth and caregivers Delivery of precise SUH care tailored to the individual youth & caregiver Decreased need for acute care health service utilization for youth who use substances Decreased associated costs with care Successful implementation of the KCF SUH Program with a strong hospital-community partnership.

Template adapted from the Knowledge Institute on Child and Youth Mental Health and Addictions/Institut du savoir sur la santé mentale et les dépendances chez les enfants et les jeunes.