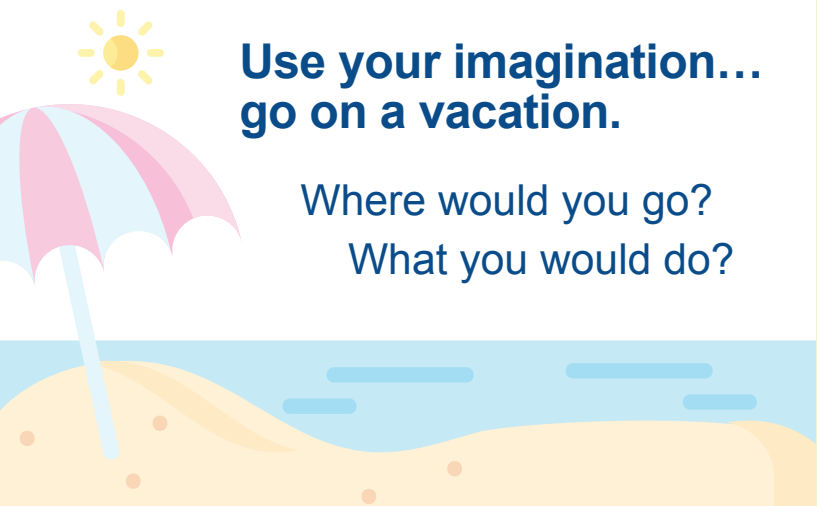


TOP DISTRACTION IDEAS



**Use your imagination...
go on a vacation.**

Where would you go?
What you would do?

Build a pizza/sundae.

What toppings should we
put on our pizza/sundae?

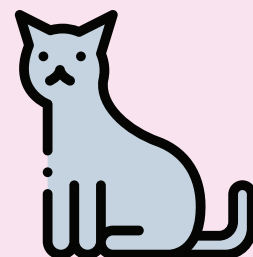
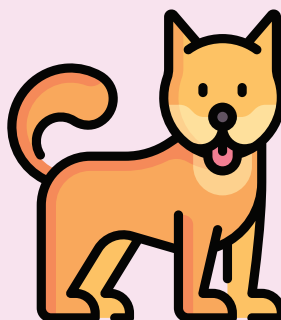


**Think of a word
for each letter
in the alphabet.**



For older kids and teens, try to
think of the biggest/longest/
weirdest word that starts with
each letter of the alphabet.

List some “would you rather”
(ex: pizza vs lasagna, cat vs dog etc.)



Counting

(ex: backwards or in another language etc.)

*Tip: for more
quiet patients
play a thumbs
up thumbs
down version
of the games

